

NEWSLETTER

Informations | Reports | Your questions

Clinic in Norway

4.11.-5.11.2017 at Moldegaard
Ryttersports Klub, Os, pl.
contact Ragnhild Kyrkjebø,
Phone +47 907 87597

Clinic in Switzerland

30.9.-1.10.2017 Reitverein
Sursee, pl. contact Carol Sidler,
Email: Carol.sidler@rvrs.ch

Clinic in Slovenia

19.10.-22.10.2017 Posestvo
Marsilea, Dornava, pl. contact
Janja Hajnzic, phone +386 41
39851

Clinic in Austria

13.10.-15.10.2017 Reit- und
Therapiezentrum Donaustadt,
pl. contact Regina Federzcuk,
phone +43 664 5841360 and
Thavonhof, Raasdorf, contact
Christina Rak, phone +43 669
11958051

Welcome!

You will find informations about
clinics in Hungary, some words
about Classical Horsemanship, an
offer from our webshop and
informations about clinics in
2018.



Clinics in Hungary

Since a few years I'm traveling to Hungary near Budapest
every second month. The clinics takes place in two different
barns. In Sósút at Habsburg Lovarda which is owned by
Eilika von Habsburg-Lothringen and in Páty at Equestrian
center Bellandor which is owned by Anikó Halmai. Very
different horses and riders are participating. Mostly Eventers,
some Vaulting horses and of course dressage horses. The level
ranges from beginner class up to Grand Prix.

Since this summer I'm also in Duka at Maroette Wassibauers
barn for one day trainings. You can find the dates under
www.potucek.de/Beritt&Kurse/Kurstermine2017



Clinic in Austria

27.10.-29.10.2017 Reitverein
Ladendorf, pl. contact Martina
Mechtler, phone +43 664
3651234

Clinic in Hungary

9.10.2017 training day at Stall
Wassibauer, Duka, pl. contact
Mariette Wassibauer, phone
+36 70 4322481

10.10.-12.10.2017 Sósút
Lovarda and Bellandor Páty,
pl. contact Eilika von
Habsburg-Lothringen, phone
+36 30 9577577

Classical Horsemanship...

...means not to wear a nice costume or to sit like Pluvinel with much too long stretched legs. It means a solid (basic) education of rider and horse. It starts with the inner tenor of the rider, to take time for himself and the horse. The rider should feel obliged to work on his education during his entire riding life. The correct seat and associated body work is a continuous circle.

I get a balanced seat by supple, relaxing and positive tension at the same time. Supple and relaxing in the joints, positive tension in the muscles. By controlling my body I'm able to feel the horse and to lead the horse. If I have a correct seat, I can give more precise aids. The horse understands me better and is able to react better. The more difficult the exercise, the more important is a precise aid.

A good trainer shows me my weakness independently of my education level and helps me to improve them. In addition he can explain the aids to the smallest detail. An important principle is always to return to the basic. To keep the rhythm in all three gates. A calm and relaxed walk, an engaged trot and a good canter stride, to keep this impulsion also during the collection. If you ride always correct lines you feel if the horse changes them. Classical horsemanship means perfecting easy things, which makes the more difficult exercises easier.

How can I improve my balanced and independent seat? How does a mistake in my seat feel like? How can I correct my mistakes?

What means active/passive aids? What kind of rein aids are possible? What means a constantly connection on the bit?

Finds more about your questions in our soon upcoming online book.

Advice from our Webshop!

We're happy to present you a beautiful black numnah. The numnah of the brand Equest is made of 100% cotton in a classic mini stitching. The soft Molton material at the bottom absorbs the sweat particularly well. It's framed with a silver cord and the logo is embroidered in silver glitter yarn. No

Events in 2018

If you would like to organize send me a Request for proposal by
elkepotucek@me.com or
phone: +491727203533

matter whether you are riding chestnut, brown, black or grey horses, this color combination has an elegant effect on all of them.



New dates in 2018

I am already receiving inquiries for dressage clinics in 2018. Many clinic participants and organizers have become good friends and I'm glad to be invited regularly. The advance bookings and the final reservations start from middle of October.

If you would like to organize a clinic, I will send you informations. Send a request about desired weekend and location to: elkepotucek@me.com. I would be clad to come to you!

Yours Elke